

# M.D. or D.O.

Those letters following your doctor's name indicate what pathway they took for medical school.



*I chose to become an MD to help vulnerable people anywhere in the world, and I am privileged to be able to use that skill set every day to improve the lives of my patients.*

**Ryan Sarver, M.D.**



*I chose to become a DO due to Osteopathic Medicine including the relationship of structure and function, seeing the body as a whole unit with an innate ability to heal itself. DOs also focus on preventative medicine.*

**Matthew Wilson, D.O.**

Both types of physicians must complete a full medical school program with some variations in testing and course requirements. MDs and DOs have equivalent training and practice rights.

4 years of medical school  
+ residency program

Doctor of Medicine

4 years of medical school  
+ residency program

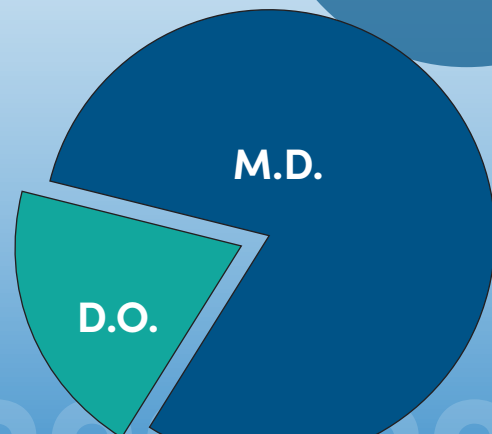
Doctor of  
Osteopathic Medicine

DOs account for approximately 11% of all physicians in the United States.

They are pediatricians, Ob-Gyns, internists, anesthesiologists, psychiatrists, oncologists, family medicine physicians, emergency medicine physicians, dermatologists, plastic surgeons, ophthalmologists, cardiothoracic surgeons, and more.

DOs take an extra 300-500 hours of classes on the musculoskeletal system

For the physicians, the choice of medical school path, either MD or DO, comes down to their personal preference or career goals.



20% of Schneck Physicians are Doctors of Osteopathic Medicine